



First Aid at Work Re-qualification

WHO IS IT FOR?

Anyone who holds an existing 'First Aid at Work' certificate which is valid at the beginning of the course and needs to renew it for a further period.

AIM OF THE COURSE

To update and re-qualify employees to the standard required by the Health and Safety Executive guidance.

LEARNING OBJECTIVES

On successful completion of the course, delegates will be able to :

- Appreciate the aims and priorities of First Aid
- Apply first aid to burns and scalds
- Understand the laws and regulations that relate to first aid.
- Recognise how to protect from infection
- Appreciate what constitute an infectious disease
- Provide basic life support
- Understand a range of miscellaneous conditions

- Undertake casualty examination
- Appreciate the need for good communication and delegation
- Keep records
- Demonstrate and use the recovery position

COURSE CONTENT

- Aims and principles of First Aid
- Incident management
- Treatment of unconsciousness
- Resuscitation
- Airway and breathing problems
- Wounds and bleeding
- Burns and poisons
- Other serious injuries and medical conditions
- Prevention of cross-infection
- Legal requirements
- Record-keeping
- Casualty transportation

DURATION

One day programme.

CERTIFICATION

On successful completion of the course, delegates will be assessed in practical and theory elements of First Aid to the Health and Safety Commissions Approved Code of Practice. Successful completion of the assessment will result in the award of a 'First Aid at Work' certificate. This will be valid for three years and should be renewed by attending a two-day refresher course before the expiry date of the certificate.