



Emergency First Aid or Appointed Person

WHO IS IT FOR?

Anyone who may find themselves in a position that requires them to take charge of an incident that requires First Aid assistance. This may include appointed persons, employees working at customer sites, teachers, teaching assistants, activity marshals and carers.

AIM OF THE COURSE

To provide a minimum level of First Aid training for a workplace or is appropriate for low-risk environments and those acting in the absence of a fully qualified First Aider or working away from a base location where self first aid or assistance to colleagues may be required.

LEARNING OBJECTIVES

On successful completion of the course, delegates will be able to:

- Appreciate the aims and principles of First Aid
- Know what action to take at an emergency
- Provide basic life support
- Manage an unconscious casualty
- Assess and treat:
 - a casualty who is wounded, bleeding or shocked
 - fractures, dislocations and soft tissue injuries
 - burns

COURSE CONTENT

- Principles of First Aid
- Incident management
- Treatment of unconsciousness
- Resuscitation
- Heart attack
- Choking
- Bleeding

DURATION

One day programme

CERTIFICATION

On successful completion of the course, delegates will be awarded a Praxis42 Emergency First Aid certificate